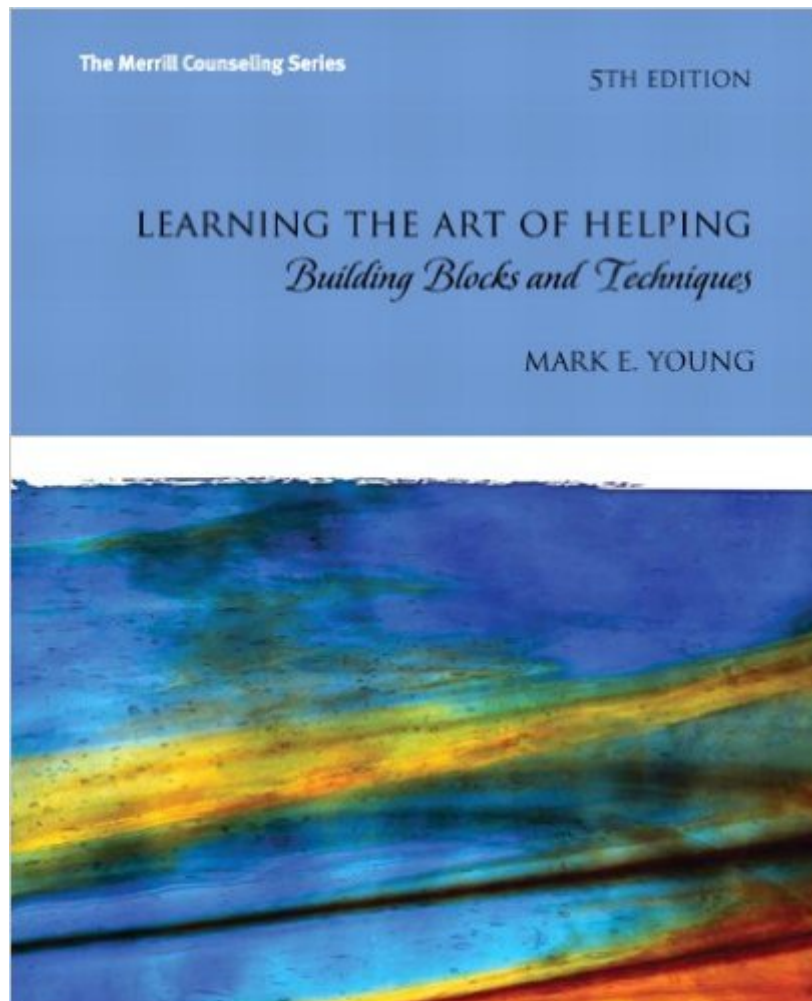


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# Learning The Art Of Helping: Building Blocks And Techniques (5th Edition) (The Merrill Counseling)



## Synopsis

Note: This is the bound book only and does not include access to MyCounselingLab®. To order MyCounselingLab® packaged with the bound book, use ISBN 0134391071. • This best-selling resource is a great refresher and hands-on resource for counselors new to their professions. It's packed with step-by-step guidance for developing the skills and techniques they need to effectively help their clients. It covers not just the basic building blocks in the profession, but also what the author calls the "megaskills" and common curative factors that lie behind the methods. The tone is conversational and the references are very useful. • Also available with MyCounselingLab® This title is also available with MyCounselingLab "an online homework, tutorial, and assessment program designed to work with the text to engage students and improve results. Within its structured environment, students see key concepts demonstrated through video clips, practice what they learn, test their understanding, and receive feedback to guide their learning and ensure they master key learning outcomes. • •

## Book Information

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## Customer Reviews

This is the second book by Dr. Young I've had to use for my master's program. He actually teaches in my counselor education program so it's interesting seeing him teach and reading his books. This book especially is really good. Compared to some other books I have to read for school it definitely keeps your attention better. And he gives examples of the different techniques which makes the concepts easier to understand.

I purchased the digital copy to have and read on my new Microsoft Surface. My tablet has the Kindle app, but this book cannot be read on it because it is not supported on the Windows 8 platform. This is a serious problem for individuals who are getting newer computers that only have Windows 8. I am very unhappy that I cannot read this on the intended product and would not have ordered it in this form had I known this.

Great book - Explanations given in a very easy manner. The book is very helpful to those that are in the counselor area, helping find your counselor voice.

This book was of great help through my Counseling Skills course. We read it cover to cover and did a lot of the exercises. My professor leaned on this text quite heavily. The whole class felt much more confident in their skills at the end of the semester.

This book gets down to the very basics of therapy. It is a good read for beginners in the counseling field.

Had to get this book for a class I am in. Was an easy read and had helpful tips for building a counselors techniques up. Found the examples most helpful. I kept this book even after the class was over

This book is a general overview of the world of counseling. It gives you the basic knowledge to decide if you want to pursue a career as a professional counselor. It also is helpful if you are going into counseling to find out if the counselor you are choosing is right for you. The knowledge you will gain will allow you to get the most out of each counseling session.

This book was helpful in my learning to become a Vocational Counselor. I loved the CD that came with it. The class I had was on line. So it was nice to view the CD before having to send my own tapes in for review, feedback and grade.

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